> New Patients

Our intake coordinator facilitates an introductory telephone interview regarding all new patients. During this brief interview, the parent or legal guardian will be asked about the child’s symptoms and behavior, as well as medical and insurance information. Our center accepts most health insurance plans.

Patients undergo a thorough evaluation, including an interview with the parent or guardian, as well as a complete evaluation, including medical, developmental, educational and psychiatric history. This ensures our team can provide accurate diagnoses and an appropriate treatment plan.

> Appointments and Referrals

For more information or to make an appointment for your child to see a UPG behavioral medicine specialist, call 734-464-4220 or visit upgdocs.org/psychiatry. Physicians and other professionals can also refer a patient to our center by calling 734-464-4220.

University Physician Group Psychiatry Services in Livonia is located at:
16836 Newburgh Road
Livonia, MI 48154
Phone 734-464-4220
Fax 734-464-5885

24-hour crisis line 313-343-5147
Behavioral medicine for children and adolescents.

University Physician Group’s Psychiatry and Behavioral Medicine Services offers a full range of treatments to help children and adolescents cope with mental, emotional and behavioral disorders. Our experienced psychiatrists, therapists and social workers understand the unique challenges of mental health care. Through a comprehensive approach, our staff personalizes treatment to the emotional and medical needs of each child to achieve the best possible mental health outcome.

Providing Specialized Care by an Expert Team

Our center is equipped to treat children and adolescents with a wide variety of psychiatric, emotional and behavioral problems, including highly specialized treatment for:

- Anxiety
- Attention deficit hyperactivity disorder
- Autism
- Bipolar disorder
- Depression
- Eating disorders
- Grief
- Mood disorders
- Obsessive compulsive disorders
- Oppositional defiance disorders
- Phobias
- School avoidance

Treatments for child and adolescent disorders include:

**Individual Therapy:** Patients undergo evidence-based treatments such as behavioral therapy, cognitive therapy, interpersonal therapy and psychodynamic therapy.

**Family Therapy:** A family systems approach is used to help both children and family members understand and change the way they relate to one another.

**Psychotropic Medication:** Psychiatric consultation and medication follow-up is provided for patients in active treatment.

**Early Childhood Consultation:** Specialized evaluation is provided for children ages 3 to 6 with behavioral disturbances, including a comprehensive psychiatric evaluation, screening and a focused assessment for delays in development.

**Anxiety and Autism Psychopharmacology:** Psychiatric evaluation and ongoing medication management for children with autism spectrum or anxiety disorders.

Understanding When to Seek Help

Because mental illness in children can be difficult to identify, many children don’t get the help they need. For parents, the key to helping a child is recognizing the problem and seeking appropriate treatment.

Warning signs that a child may have a mental health condition include mood changes, intense feelings, drastic behavior changes, out-of-control behavior, difficulty concentrating, emotional outbursts, unexplained weight loss, physical self-harm or use of alcohol or other drugs.

A Collaborative Approach

Working Together for Your Child’s Well-Being

The specialists at University Physician Group work with local school systems and primary care physicians to coordinate individualized treatment for each patient. With parental permission, these cooperative efforts include an exchange of academic, medical and psychological information to provide a comprehensive approach to care. Our staff is also able to collaborate with schools regarding special education eligibility.

Signs of Mental Disorders

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Services and Treatments
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facebook.com/wsupgdocs @wsupgdocs

Knowledge-Powered Medicine
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SCHEDULE AN APPOINTMENT
UPG Psychiatry Services

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